




# St Rose of Lima Lunch Menu

## February 2019



"Minnesota Thursday is a local menu day bringing in fruits, vegetables, proteins, and grains as seasonally available from within 300 miles of Roseville



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Meal Prices:</b>  <b>Student Lunch: \$ 3.00</b>  <b>Adult Lunch \$ 4.00</b>  <b>Milk: \$ 0.50</b></p> <p>Fresh veggie and fruit bars are available daily in addition to lunch menu choices. <i>Veggie Bar</i> may include romaine lettuce, red &amp; green peppers, cucumbers, cauliflower, carrots and other vegetables as seasonally available. <i>Fruit offerings may include bananas, oranges, apples and other fruit as seasonally available. Skim, 1% and skim chocolate are available with every lunch.</i></p>				
4 Breaded Chicken Patty Whole Grain Bun Baked Whole Grain Ziti w/ Marinara Sauce (V) Steamed Carrot Coins Chilled Peaches	5 Swedish Meatballs Over Egg Noodles Macaroni & Cheese (V) Mixed Vegetables Mandarin Oranges Brownie Bite	6 Whole Grain Chicken Nuggets BBQ Sauce Potato Salad Cheese Calzone (V) Steamed Green Beans Chilled Applesauce	7 BBQ Pulled Pork Whole Grain Bun Soybuter and Jelly Sandwich (V) Roasted Red Potatoes Homemade Dill Pickle Chips Apple Wedges Chocolate Chip Cookie Harvest of the Month	8 Whole Grain Chicken Nuggets BBQ Sauce Potato Salad Cheese Calzone (V) Steamed Green Beans Chilled Applesauce  
11 Breaded Chicken Tenders Toasted Cheese Sandwich on Whole Wheat Bread (V) Sweet Potato Waffle Fries Whole Grain Biscuit Creamy Butter Mandarin Oranges	12 Cheese Pizza (V) Italian Sausage Pizza Garden Peas Cinnamon Applesauce	13 French Toast Sticks (V) Chicken Sausage Patty Smoked Turkey & Cheese on WG Hoagie Hash Brown Patty Sweetened Strawberries	14 Meatballs w/ Marinara Marinara & Mozzarella Cheese (V) Over Pasta Garlic Toast Garden Green Beans Banana  	15 Chicken Quesadilla Southwest Veggie Wrap (V) Whole Grain Tortilla Rounds Hummus Chilled Peaches
18 	19 BBQ Beef Riblet on Whole Grain Hoagie Green Beans Ranch Salad w/ Shredded Mozzarella Cheese (V) Shred. Cheddar Cheese Blueberries	20 Chili Dog on Hot Dog Bun Baked Chips Build Your Own Baked Potato Bar w/ Chili Shred. Cheddar Cheese Steamed Broccoli with Cheese Chilled Fruit Cocktail Harvest of the Month	21 Cheesy French Bread (V) w/ Marinara Sauce Smoked Turkey & Cheese on WG Hoagie Cauliflower Chilled Peaches	22 Garlic Pepper Chicken Pasta Alfredo (V) w/ Whole Grain Rotini Whole Grain Bread Stick Steamed Carrot Coins Mandarin Oranges
25 Scrambled Eggs WG Waffle Maple Syrup Roasted Turkey & Cheese Sandwich Wedge Hash Brown Patty Blueberries	26 Bolognese Sauce or Marinara & Mozzarella Cheese (V) Over Pasta Steamed Broccoli Chilled Applesauce	27 Roast Chicken with Gravy Whole Grain Dinner Roll Toasted Cheese Sandwich on Whole Wheat Bread (V) Mashed Potatoes Golden Corn Triple Berry Jonny Pop Chilled Peaches	28 Mandarin Orange Glazed Crispy Chicken Steamed Brown Rice Caprese Sliders (V) Seasoned Edamame Chilled Pear Slices	

Food allergy and special substitutes may be made available with a Special I Statement on file. Product been made at the district kitchens or locations wh milk, eggs, soy, wheat, a other ingredients are use



To find out if you qualify or reduced price meal I please complete a paper benefits application av from your school.

**FRESH!**  
Fruit and Vegetable Served Daily!



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### School Nutrition Professional Wanted!

Roseville Area Schools is seeking Nutrition Service Assis substitutes to work in school cafeterias. Typical duties inv cooking, food preparation, serving and cleaning. Sub pay i \$12.00 per hour. Please contact RAS Nutrition Serives for n information at 651-628-6445 or jodi.goodwill@isd623.org